

**MAYFLOWER MUNICIPAL HEALTH GROUP  
DRAFT MINUTES OF GENERAL MEETING  
March 11, 2019 8:30 A.M.  
Whitman Hanson Regional High School  
610 Franklin Street  
Whitman, Massachusetts**

Attendees:

Michael Levy, Chairman of General Board -Town of Bridgewater  
Ray Ledoux, Brockton Area Transit  
Linda Sacchetti, Brockton Area Transit  
Scott Alfonse, Greater New Bedford RRMD  
Frank Gay, GATRA  
Charles Seelig, Town of Halifax  
Michael McCue, Town of Hanson  
Jeanne Sullivan, Town of Hanson  
Michael Buckley, Town of Hull  
Tina Betti, Town of Kingston  
Michael Maresco, Town of Marshfield  
Danielle Kerrigan, Town of Marshfield  
Frank Hegarty, Norfolk County  
Michelle Labadini, Norfolk County  
Michael Laliberte, North River Collaborative  
Marcine Fernandes, Onset Fire District  
Mary McCoy, Onset Fire District  
Kathleen McCarthy, Town of Pembroke  
David Sullivan, Plymouth County Retirement Association  
Cindy Mello, Town of Rochester  
Christine Healy, Silver Lake Regional  
Rick Reino, South Shore Educational Collaborative  
Tom Hickey, South Shore Vocational Technical  
Derek Sullivan, Town of Wareham  
Wendy Lemieux, Wareham Fire District  
Scott Golder, Town of West Bridgewater  
Frank Lynam, Town of Whitman  
Mary Beth Carter, Town of Whitman  
Christine Suckow, Whitman-Hanson Regional School District  
Lisa Green, Town of Whitman  
Joseph McCarthy, Charter Management  
Kevin Powell, Plymouth County Retiree  
Thomas J. O'Brien, MMHG Treasurer  
Sheila Avery, MMHG  
Kelly Morse Perez, MMHG  
Kate Sharry, Gallagher Benefits Solutions  
Tanya Chakmakian, Blue Cross Blue Shield of Massachusetts  
Bill Hickey, Harvard Pilgrim Health Care  
John Sciara, Professional Fire Fighters of Massachusetts  
Joyce Lewis, MMHG  
Kevin Feeley, MMHG Legal Counsel

The Chairman called the meeting to order at 9:00 a.m. with a special quorum present.

1. **Accept Meeting Minutes**

MOTION: Lynam made a motion to accept the November 19, 2018 meeting minutes.

SECOND: Derek Sullivan

VOTE: Unanimous

2. **MMHG Wellness Review**

Avery said MMHG recently mailed out the Wellness Newsletter to all members. She reviewed her handout listing the upcoming schedule of MMHG Wellness events. She stated the Lunch and Learn Webinars have increased attendance over the past 6 months and members also have the ability to watch them at a later date. She said there will be another 10 Webinars as well as Yoga classes, Zumba classes, cooking demonstrations, and seminars coming up in the next few months. She said we have a couple of challenges coming up including "Make your way to 5K" and "Spring Step Challenge". She encouraged member units to reach out with any questions, ideas, and feedback on the Wellness program. She concluded by thanking the Board for supporting wellness in their member unit.

3. **Treasurer's Report & Audit Update**

Treasurer O'Brien said the MMHG has new offices at Cordage Park in Plymouth.

Treasurer O'Brien said the audit was completed and sent to all members and posted on our website. He stated for the fourth year in a row there were no audit comments and complimented his team. He said our incurred but not reported (IBNR) amount was less than what they had expected and closer to what internal MMHG staff had recommended. He reviewed his handout (MMHG FY18 Audit page 2) stating net position as of June 30, 2018, is \$16,039,195. He reviewed his handout showing members' proportion of net reserves as of June 30, 2018.

Treasurer O'Brien reviewed his handout FY19 YTD Operating Statement as of January 31, 2019. He said we are trending \$5.1 million to the positive and our performance has been great. He reviewed his handout FY19 Statement of Net Assets, as of January 31, 2019, stating our fund balance is \$21,146,313.49.

Laliberte asked about the accounts payable credit of around \$3.2 million and Treasurer O'Brien stated the quarterly reconciliation was a credit due to us.

4. **Gallagher Update- Funding Analysis (claims paid through January, 2019)**

Sharry reviewed her handout on the funding analysis with claims paid through January, 2019. She said we have 87.9% loss ratio for the active plans with \$6.2 million surplus. She stated last year at this time we had \$4.5 million in funding surplus. She stated we are continuing to trend in a positive direction. She stated we have 86.9% loss ratio for retiree plans with \$528,000 surplus. She stated last year at this time we had a \$55,000 deficit. She reviewed the stop loss page 10 and said we have one high cost claimant with claims in excess of \$300,000. She said her reports are emailed monthly and encouraged member units to call her with any questions.

5. **Qualified High Deductible Plan/Health Savings Account Information**

Sharry stated we've had several meetings regarding the new qualified high deductible plans with health savings account and a few questions have come up recently. She said the way the plans are set up and rated are with 50% of the deductible being funded by the employer. She

stated it is up to each employer to decide when to fund the employer share. She said employers can't fund more than 50% of the deductible because it changes the value of the plan and the projected claims amount. She said the idea of these plans is to promote employee consumerism so they are more aware of how health care dollars are spent. She said a one-time stipend can be given to employees to join the plan.

6. **Telemedicine, Medex Acupuncture Benefit, Fitness Benefit Reimbursement increase**

Sharry said a couple of new benefits will be added effective July 1, 2019. She said the Telemedicine video based visits will be added to all active BCBS plans through "Well Connection". She said the co-pay is the same as a member would pay for an in person visit. She said behavioral health is also included with Telehealth.

Sharry said the acupuncture benefit will be available to all Medex subscribers effective July 1, 2019. She said there is a 12-visit limit and the member will have to submit to BCBS directly for reimbursement as this is not a Medicare covered benefit.

Sharry said all active plans will have a \$300 fitness reimbursement for gym memberships as of July 1, 2019.

7. **Renewal information and rate recommendation**

Sharry reviewed her handout Fiscal Year 2020 Health Insurance Renewal. She said she looks at the carriers' projected expected claims, administration increases and stop loss information to start building her recommended rates. She said her recommended increase of 1.5% was supported by the Steering Committee. She said this is a composite increase based on the actuarial value of the plans. She said there is no money at risk from the trust fund. She stated the high deductible plan rates are also listed.

MOTION: McCue made a motion to approve Sharry's FY20 rates as listed in her handout showing an increase to all current active plans of 1.5%.

SECOND: Lynam

VOTE: Unanimous

MOTION: Lynam made a motion to set up and approve the FY20 qualified high deductible plan rates as shown on the handout.

SECOND: Ledoux

VOTE: Unanimous

8. **Joint purchase Agreement Amendment**

Chairman Levy stated the joint purchase agreement amendment was mailed and emailed to all member units. He read the amendment as follows:

*Amend Article 4, A (Steering Committee) by adding the following sentence after the first sentence in the first paragraph of section A:*

*"Any vacancy in an elected Steering Committee position may be filled by the remaining elected members of the Steering Committee electing an individual to fill the term of the vacant position. Any vacancy in the Finance Committee may be filled by a majority vote of the entire Steering Committee. The filling of a vacancy on the Finance Committee shall be effective until the Board elects a replacement in accordance with Article 4, B."*

MOTION: Lynam made a motion to accept the Joint Purchase agreement amendment as stated in the handout and read by Chairman Levy.

SECOND: McCue

VOTE: Unanimous

9. **Any other business**

Chairman Levy asked if there was any other business and nothing was brought forward.

Lynam motioned to adjourn at 9:30 a.m., seconded by McCue and voted unanimously.

Respectfully submitted,

Sheila Avery

**Reference documents for this meeting:**

- 1) MMHG Wellness – Upcoming Events
- 2) MMHG FY18 Audit page 2 “Statements of Revenues, Expenses, and Changes in Net Position”
- 3) MMHG Members’ proportion of net reserves as of June 30, 2018
- 4) MMHG Treasurer’s FY19 Statement of Net Assets and Operating Statement, as of January 31, 2019
- 5) Gallagher Funding Analysis, dated January 31, 2019
- 6) Gallagher’s MMHG Fiscal year 2020 Health insurance Renewal- active plans
- 7) Gallagher’s MMHG FY20 proposed rates- rate recommendation by Steering Committee
- 8) MMHG Joint Purchase Agreement Proposed Amendment, dated November 19, 2018